

Instructions example

Activity number	23
Activity description	Shove a coin
Equipment needed	Penny, table, ruler or tape measure
How to carry out the activity	Put the penny next to the edge of the table. You then shove it and try to get it as close as possible to the other edge without it falling over. If it stays on the table, measure the distance from the edge of the penny to the edge of the table. You have 3 tries and your best try is the one that counts.
How to measure	Use the ruler to measure from the edge of the coin to the edge of the table
How to write down the measurement	Write down each measurement on a piece of paper. Only write the best result on the team's score sheet
Take extra care with:	Everyone has to use the same coin, to be fair. Don't lose it!!
Remember to:	Write down the measurements in an organised way so that you know who had each go.

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How to measure	
How to write down the measurement	
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Remember to:	